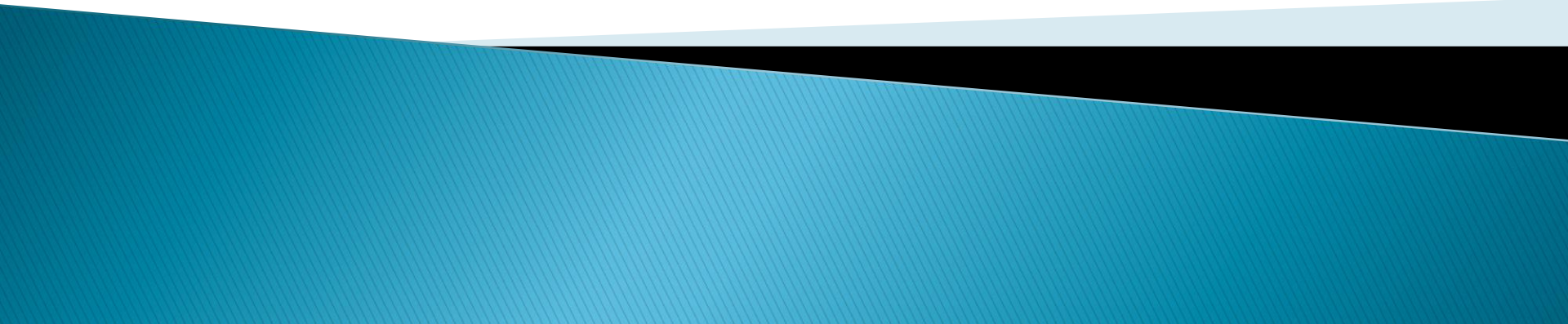


Housing and Human Needs



Winston Churchill

- ▶ “Housing, good or poor, has a deep and last effect on all people. We shape our buildings, and then they shape us.”

Definitions

▶ Housing

- Any dwelling that provides shelter
- Refers to what is within and near the shelter
 - Furnishings, neighborhood, and community

▶ House

- A building that serves as living quarters for one or more families

▶ Home

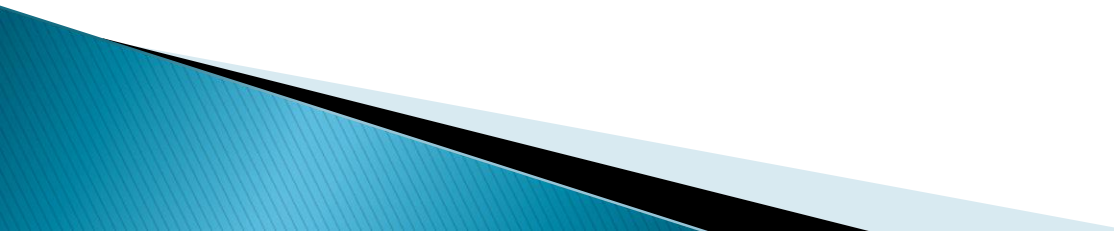
- Any place a person lives

A Home meets...

- ▶ Physical Needs
 - Shelter
 - Safety
 - Space for possessions
 - Space for activities
- ▶ Psychological Needs
 - A sense of belonging
 - Privacy
 - Individuality
 - Values and goals



Meeting needs through Housing

- ▶ Everything around you affects well-being
 - ▶ Needs are the basic requirements that people must fill in order to live
 - All people have physical, psychological, and other needs
 - They share the need for shelter in which to eat, sleep, and carry on daily living activities.
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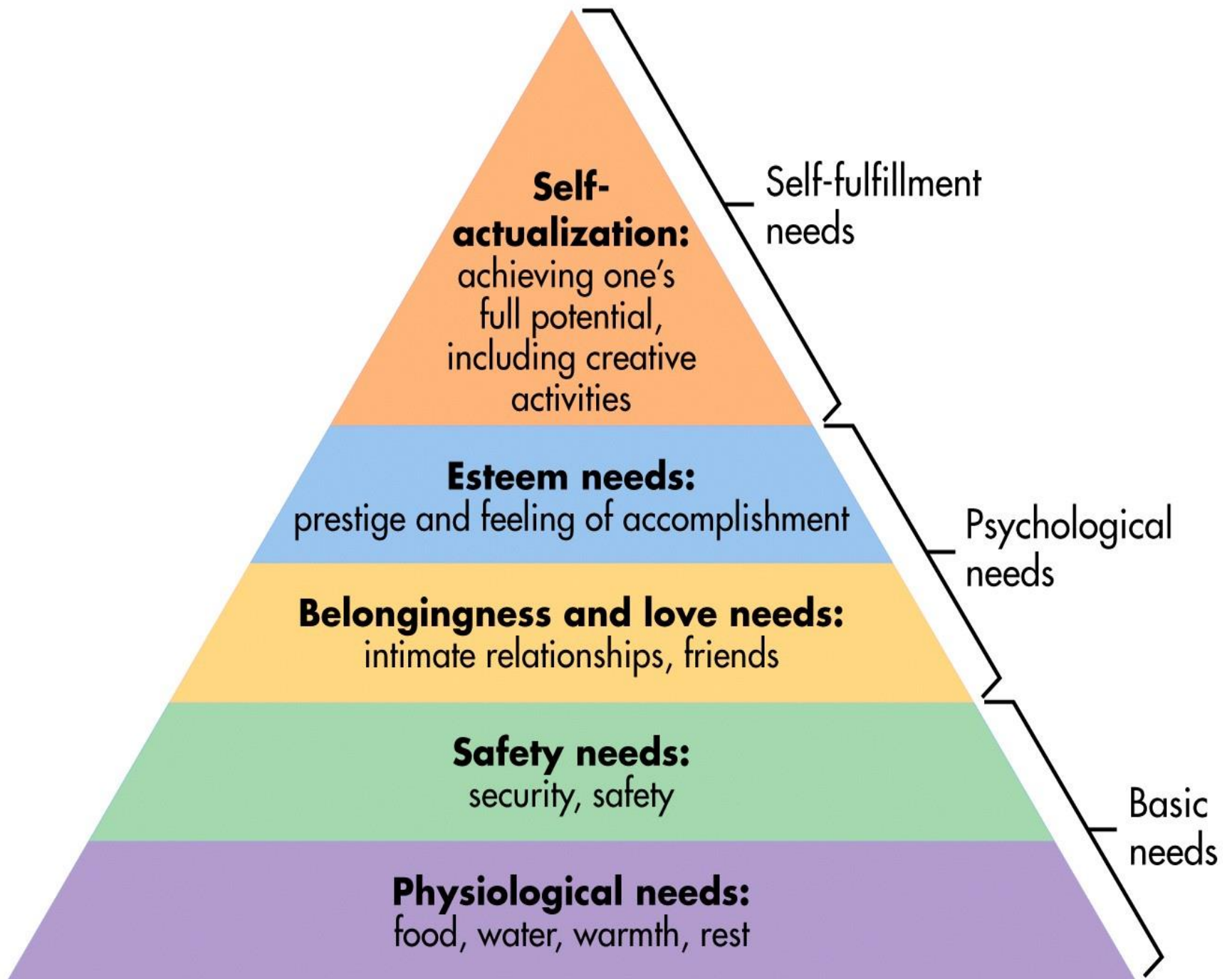
Maslow's Theory

- ▶ Most early psychologist studied people with psychological problems
- ▶ Abraham Maslow studied successful people.
- ▶ Maslow decided that almost everyone wants to be happy and loving, but they have particular needs that they must meet before they can act unselfishly

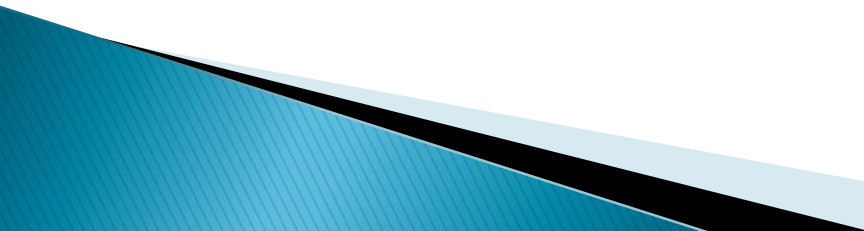


- ▶ Maslow said that most people want more than they have.
- ▶ Once a person has met their most basic needs, they then develop higher needs.
- ▶ Maslow said, “as one desire is satisfied, another pops up in its place.”

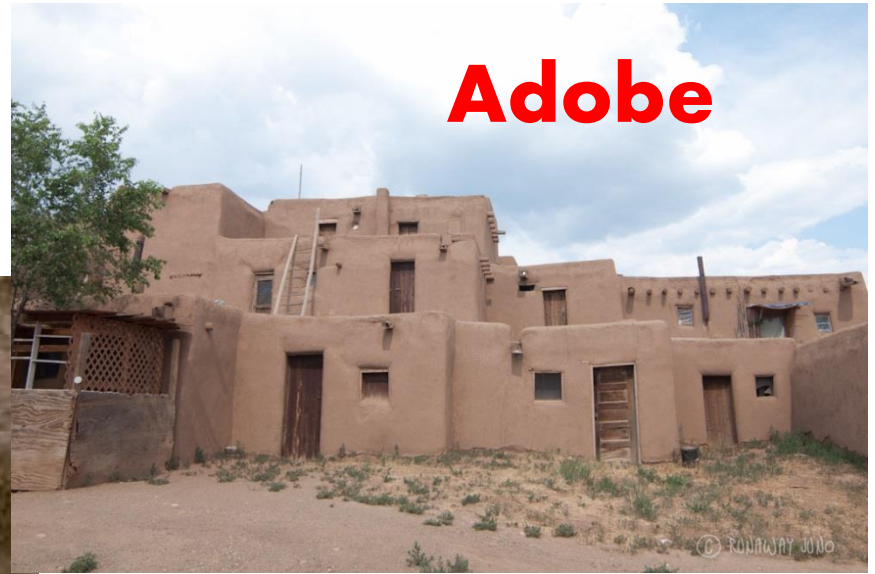




- ▶ Maslow created a hierarchy of needs with five levels:
 - 1. Physiological needs
 - Biological necessities such as food, water, and oxygen.
 - Shelter, and rest are other primary needs
 - These needs are the strongest because a person would die if they were not met.

 - ▶ Shelter
 - The need for shelter and protection from the weather has always been met by a dwelling of some type.
 - People built dwellings from readily available materials, such as adobe
- 

Adobe



Cave or Cliff Dwelling



Yurt



Meeting needs through housing

▶ Food and Water

- In the past, people located their housing near sources of food and water
- Now we set aside space for storing, preparing and eating foods inside our dwellings
 - Occasionally outside as well

▶ Rest

- A basic human need is rest
 - A period of inactivity that allows recovery and growth
- Areas within dwellings are designated for sleep, others for relaxation (living rooms), some also include areas for hobbies

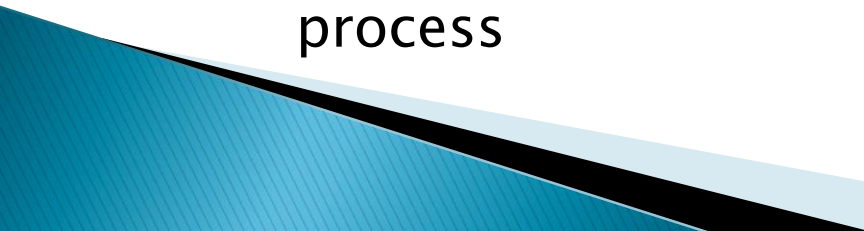
Psychological Needs

- 2. Safety needs

- Housing provides security from the outside world
- Protection from physical danger and the unknown
- People feel unsafe during emergencies or times of disorder like rioting.
- Children more commonly have this need met when they feel afraid.
- Living in a dwelling that is well built and located in an area free from crime can help you feel secure.



- 3. Love and belonging needs
 - Housing affects your feelings of being loved and acceptance
 - The need to escape loneliness and alienation, to give and receive love, and a sense of belonging.
- 4. Esteem needs
 - The need to feel valuable; to have self-respect and the respect of others.
 - If a person does not fulfill these needs, they feel inferior, weak, helpless, and worthless.
 - Your housing tells other people something about you and can help you gain esteem.
 - A home that is clean, neat, and attractive will gain the approval and respect of others.
 - When you have self-esteem, you think well of yourself and are satisfied with your own roles and skills
 - Living in a pleasant, satisfying home can help you gain self-esteem

- 5. Self-actualization needs.
 - Maslow taught that a very small group of people reach a level called self-actualization, where all of their needs are met. Maslow described self-actualization as a person's finding their "calling". He said, "a musician must make music, an artist must paint, and a poet must write."
 - When you meet the need for self-actualization, you are developing your full potential as a person. You are doing what you do best.
 - Housing is more than a place to live. It is the place where each person can progress toward becoming all that he or she is capable of being.
 - Striving toward self-actualization is often a lifelong process
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Other needs met through housing

▶ Beauty

- The quality or qualities that give pleasure to the senses
- An appreciation of beauty develops over time as exposure to it increases
- Beautiful surroundings can make you feel content and relaxed

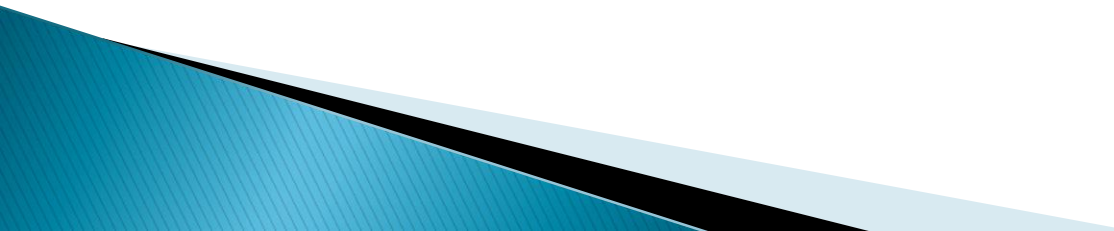
▶ Self-expression

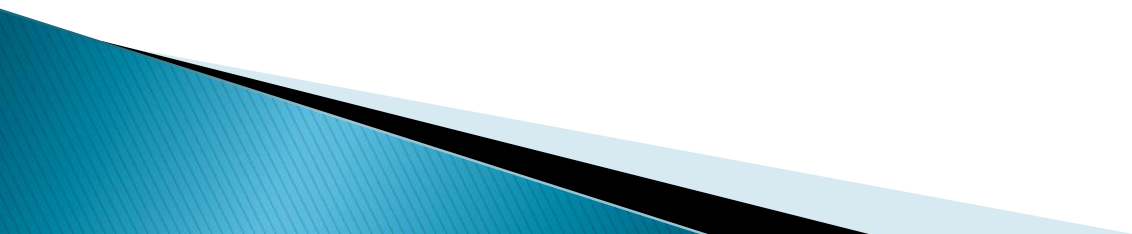
- Your true personality and taste
- Evident when you choose colors to decorate your home or the home of someone else
 - Bright, bold colors=outgoing personality
 - Pale, soft colors=subdued personality
- Furnishings can also help you express yourself

▶ Creativity

- The ability to use imaginative skill to make something new
- Combining two or more things or ideas into a new whole that has beauty or value
- Housing provides opportunities for you to express your creativity

Journal

- ▶ Roles are patterns of behavior that people display in their homes, the workplace, and their communities
 - ▶ The roles people have can affect the type of housing they choose and how the housing is used
 - ▶ *Write one paragraph that describes how changes in roles over time can affect a person's housing needs*
- 



- ▶ Societies develop when people reach a particular level in Maslow's hierarchy.
- ▶ Once people meet their physiological needs and they feel safe, they begin to develop a culture and an advanced civilization.



5 main needs for personal growth

▶ 1. emotional needs

- An environment that provides enough space, light, heat and quiet reduces stress. “Good” conditions can make members of a family feel better about themselves and each other.

▶ 2. social needs

- Each family has different social needs and meet social needs in a variety of ways.
- Cooking, eating, sitting and entertaining together as a family can help with social growth for each individual

▶ 3. privacy needs

- As much as people need a social space, people also need a place that allows them to be alone
- All members of a family need a quiet time and a private space very now and then

▶ 4. intellectual needs

- A home can provide books, toys, games, hobby materials and music to create a learning environment that improves people's minds

▶ 5. aesthetic needs

- The need to have art and beauty around them.
 - Colors, textures, and sounds help fill aesthetic needs
 - Bringing them together helps individuals meet the need for self-expression, for communicating who you are
- 