

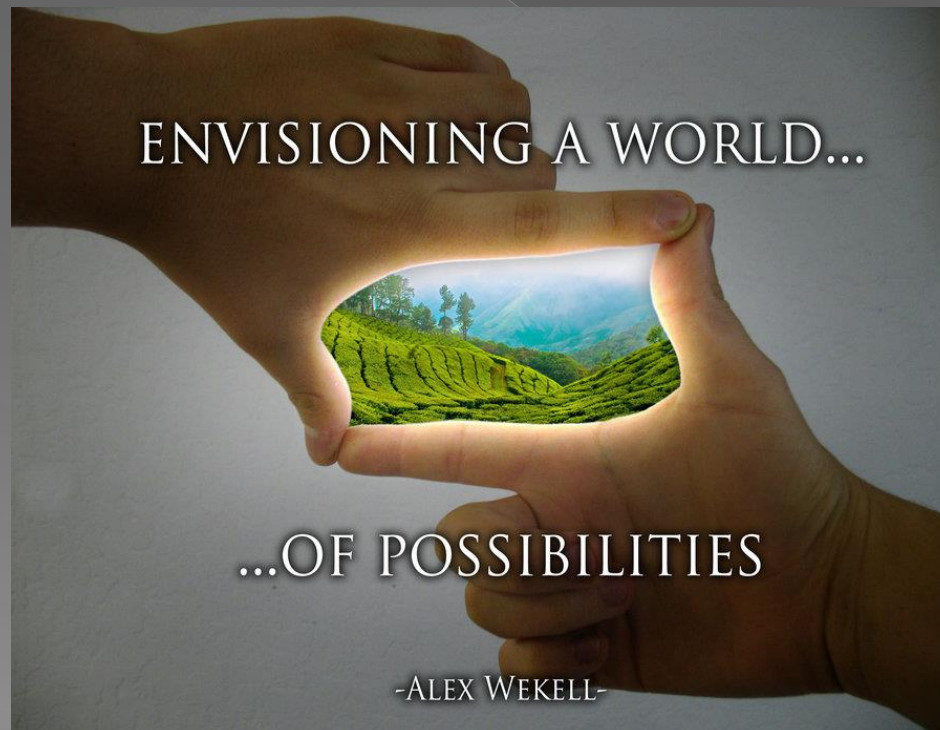
Chapter 5: Developing an Individual Career Plan

Essential Question:
How can I reach my career goal?



Section 1: Evaluating Career Choices

- Objectives:
 - > Evaluate different career possibilities
 - > Choose a career that seems right for you



Evaluate Your Choices

- ◉ Start to refine your list of options
 - > Compare and contrast with personal data
 - > Rank your possibilities
 - > Factors
 - If I take this course of action, what will happen?
 - Visualize the outcome
 - Values
 - If I make this choice, will I be living according to my beliefs? Will I be doing something I find meaningful?

- Develop a personal Career Profile
 - > Figure 5.1 (page 60)
 - > 1st column-information about yourself
 - > 2nd column-information about the career
 - > 3rd column-1-10 rating scale



What to use?

- Values
 - > How well does this career match my values?
- Interests and Responsibilities
 - > How well do the day-to-day job responsibilities reflect my interests?
- Personality
 - > How happy will I be with the work environment and hours?
- Data-People-Things
 - > How well do the data-people-things requirements of this career match my own preferences?
- Skills and Aptitudes
 - > How well do my skills and aptitudes match those required for this career?
- Education/Training
 - > How willing am I to get the education and training needed for this career?

Make your decision

- ◉ Which career will you pursue?
 - > Have confidence in your research, evaluations, and goals.
 - > Your career choice is flexible and may change as your life develops
 - > This gives you a place to start.



Wrap Up

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Section 5.2 Your Career Plan

● Objectives

- > Develop a career plan and set intermediate career goals
- > Determine the education and training you need to reach your career goals



Plan How to Reach your Goal

- Individual career plan
 - > Planning a course of action
 - > Having a plan does not guarantee success, but it greatly improves your chances.



Steps Along the way

- ◉ Plan some intermediate goals
 - > Steps you will take to get from where you are now to where you want to be
 - > Break your career goal into manageable steps
 - > Makes it not so overwhelming
 - > Helps you focus
 - > Gives confidence

Goals

- ◉ Short-term
 - > Goals you can start on now and accomplish quickly
- ◉ Medium-term
 - > Goals that will take 1 to 5 years to reach
- ◉ Long-term
 - > Further in the future
- ◉ Pg 63 Figure 5.2

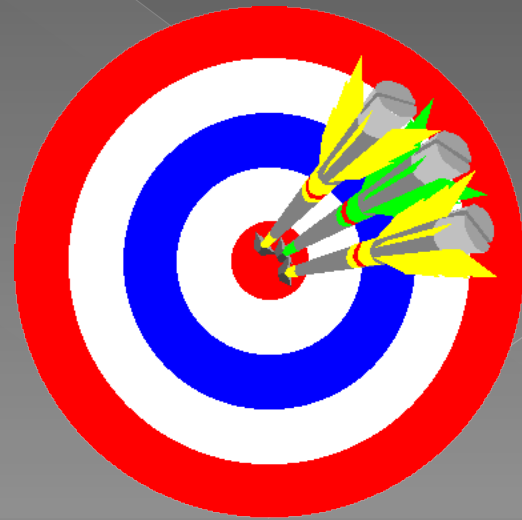
Specific

- The more specific your intermediate goals are, the more likely you are to achieve them



Realistic

- You must think about who you are and what you know about your career choice
- It is difficult to reach a goal if you are not honest about your skills, interests, and personality traits.



Education and Training

- One of your first goals should be to receive the education and training you need to achieve your ultimate career goal.
- Taking related courses will give you an advantage over other job candidates and give the knowledge you need to succeed

Online learning

- ◉ Computer based training
- ◉ Gaining popularity
- ◉ People are attracted by the convenience and flexibility of online classes



On-the-Job Training

- ◉ May be a few days of orientation
- ◉ More formal long-term instruction
- ◉ Training on safety measures



Apprenticeships

- Learning how to do a job through hands on experience under the guidance of a skilled worker
- Common in construction and manufacturing



Vocational-Technical Centers

- ◉ A variety of skills-oriented programs
- ◉ Some have evening classes
- ◉ [SICTC](#)

Commit Yourself

- Make your own individual career plan
- It will encourage you to move forward until you find the right career.



Wrap Up

- Pg 65 (1-3)

Chapter 5 Assessment

- Pg 67 (1-9)