

Name: \_\_\_\_\_

*Pick 3 of the following boxes to complete. Complete each box on a separate sheet of paper. Write the box number next to your answer. Staple your responses to this paper and turn in.*

<u>Tic</u>	<u>Tac</u>	<u>Toe</u>
1.) Brainstorm activities that a family could do together. What stage of development would each item be most suited? What type of family personality would each appeal to? How can these items build family ties?	2.) Describe a relationship you have had with a grandparent and the functions this relationship has filled in your life. Is this relationship ongoing or has it ended?	3.) Write a summary of changes that have occurred in your family as you have entered your teen years. How has growing older changed life in big or small ways for your parents, siblings, or other family members? Are there new rules, routines, traditions, or challenges? Has the pace of your family's life changed?
4.) Imagine you are an adoption counselor meeting with a couple for the first time. Before matching them with a child, you must learn a lot about them. Write at least ten questions that you would ask to learn more about them, their needs, and wants.	5.) Think about your own launching experience. Predict when this will take place? Where will you go? What do you most look forward to about this process? What seems scary or challenging? How do you predict your family will be affected?	6.) When is the right time to start the first stage of the family life cycle? Should individuals achieve certain goals such as college, career, etc before becoming part of a committed couple? Or do couples have more power to achieve some goals than individuals?
7.) Explain which stage of family development would be most enjoyable to you personally, should you form a family in the future? Why?	8.) Some parents feel lost or lonely when they have an empty nest. Create a pamphlet on "Surviving the Empty Nest Stage." Write specific suggestions for preventing or resolving these feelings. Include illustrations.	9.) Write a journal entry about a goal that either you or your family has set. It can be short term or long term. Identify the goal and write about how you or your family plans to achieve the goal. Write about options and resources and when the goal should be realized.